

# DROP-IN & RELAX

wednesday, march 17 2-6 PM

25-MINUTE REIKI *or* MASSAGE\*

jamie mccormack  
reiki practitioner  
& teacher  
intuitive empath

ask@moonshadowco.com



sherry hellman  
massage therapist  
& intuitive healer

#MA60012878



*ask about charm readings with sherry* 

\*ALL DROP-IN SESSIONS ARE SEATED.

REIKI OR MASSAGE SESSION IS \$35 FOR 25 MINUTES.

**BOOK AHEAD!**



The Moon Shadow  
Collective  
@ Freighthouse  
Marketplace

2501 East D Street  
Space #40 Tacoma

253.468.8479  
moonshadowco.com

Connect with Reiki practitioner/teacher (master) and intuitive empath, Jamie McCormack, and our favorite massage therapist and intuitive healer, Sherry Hellmann, LMP (#MA60012878) in our relaxed and peaceful space. Seated

Seated sessions are a great way to experience energy healing or massage. These sessions are also an opportunity to "interview" your practitioner before booking a longer appointment. We are committed to helping you experience peace and calm - body, mind and soul.

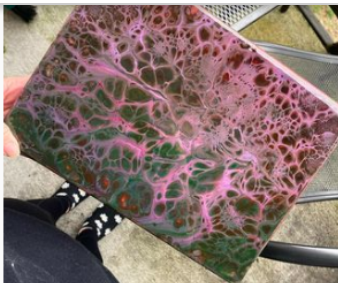
*Sherry will also offer charm readings; a fun and creative way to explore past, present and future.*

To learn more about Reiki, check out our [blog](#).

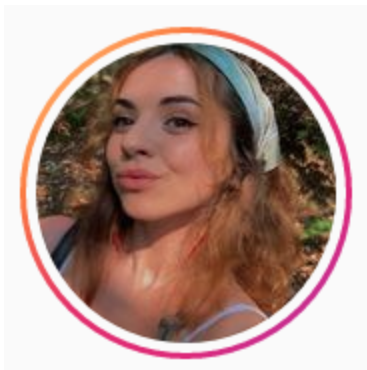


**Get to know our practitioners!**

MSC PRACTITIONER & TEACHER BIOS



## Art in Action!

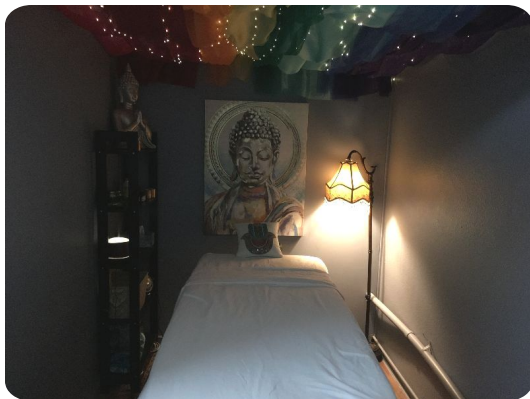


We are excited to showcase local artists in our space and are loving the evolution of painter, jeweler and fabulous creative, Penelope Bando. Her first installation in our space was a hit in 2020. She's expanded her portfolio and mastered the craft of the acrylic pour, mixed media and jewelry. We're excited to have her back in 2021 at a Freighthouse Marketplace Open Market soon.

Stay tuned for details! Follow us on [Instagram](#) and [Facebook](#).

[Follow the artist!](#)

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## Practitioner and reader space available

Are you a body or energy worker, intuitive, card reader or medium? Our collective space is available for rent by the day. We keep our space physically and energetically tidy, cozy and comfortable. We welcome new colleagues to join us in our professional healing space with an open heart. Competitive, fair rates. Marketing consultation and support services also available for an additional fee. Bulk day purchase required to rent. Contact [Jamie](#) for details.

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We continue to take the COVID-19 pandemic seriously. We limit the number of people in our space and have high standards for keeping work areas and high-touch surfaces clean. To learn more about our approach, please visit our website to read our [COVID-19 Guidelines and Accountability](#).

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All practitioners, readers, teachers and artists at The Moon Shadow Collective space are independent, micro-businesses.

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**Our physical address is:**

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Space #40  
Tacoma, WA 98421  
253.468.8479  
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