



Help is 3 Numbers Away

911
Emergencies

Medical
Fire
Crime
Abduction
Domestic Violence
Impaired Driving
Suspicious Activities



988
Suicide & Crisis

Thoughts of Suicide
Mental Health Crisis
Substance Use Crisis
Emotional Distress

211
Essential Needs

Food
Shelter
Rent & Housing
Utility Assistance
Healthcare
Transportation
Legal
TBI Support



No Wrong Place to Call: Whole Person Care

These lifesaving services operate in partnership to get you the help you need.



crisisconnections.org





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